

2026 CNIA 07 INVENTORY

Hello, California Northern Interior Area CNIA! Fellow Trusted Friends!

As I look back on my early experiences with personal inventories, I remember the advice I received: take a moment to reflect on everything in my life— the good, the not-so-good, and even the stuff in between. It's about recognizing what I've done well, where I've stumbled a bit, and figuring out how to make things right without letting too much time pass between those important reflections.

Now, it's that time again! Just like we do every other year at our **Mini PRAASA Assembly**, we have the chance to take an inventory of our Area. It's a wonderful opportunity to reflect on how we uphold our collective informed group conscience and fulfill our responsibilities within the General Service structure. Let's make the most of this moment together!

In the journey to sobriety, tools and strategies that provide structure and encourage self-reflection are very helpful. An inventory in AA is one of these tools. When you use it effectively, it can help you become more self-aware, responsible, and emotionally healed.

Sobriety is not just about stopping alcohol use; it's about learning to interact with the world in a new way that focuses on honesty, responsibility, and growth. As you start taking inventory, you will find it to be a great support in your sobriety journey.

Remember, every time you work on understanding yourself better, you move closer to a healthier, sober life. Embrace this process, learn from it, and let it lead you to a better future.

Area Inventory Questions: The following questions were drafted by the area inventory committee: DCM Craig C. D09, DCM Marie M. D19, DCM Joey S. D24, DCM Chris O. D49, DCM Fernando D56, Past Delegate Mike K. Panel 68. Area Officer Jose U. (5 DCMs, 1 past Delegate, and 1 area officer).

If you have any questions, please reach out to the Area's alternate chair. Jose U. at alt-chair@cnia.org.

We will discuss some important questions, so please think about your answers.

- 1) What works well, and what changes can improve communication between **CNIA**, the districts, and the groups?
- 2) What changes can be made to allow for a smoother transition for **GSR's**, **DCM's**, and **CNIA Trusted Servants**?
- 3) Is participation in Area activities encouraged? If so, how can we improve?
- 4) How well do the **CNIA Trusted Servants** perform duties as described in the Service Material Handbook?
- 5) Where can CNIA improve to encourage more participation in the Conference process?
- 6) Where can CNIA improve to better emphasize the importance of sponsorship and service sponsorship?

GSRs, please bring an extra copy of your group's conscience on the inventory questions to the Mini PRAASA. This will help us collect all the answers and add them to the Area notes for the inventory. Thank you for your service to your groups and the Area.